## Women's Health

## Experts Share The Best Sensitive Skin Moisturizers For Calm, Glowing Skin

By Nicole Saunders Published: May 02, 2025

Psst: Can I let you in on a little secret? I'm a **beauty editor** who doesn't have clear skin. And in my never-ending quest for a flawless complexion, I've been using tretinoin **face cream** for a few months. The popular retinoid accelerates skin cell turnover to minimize my **acne**, fine lines, and **hyperpigmentation**. While it has helped my original concerns, a few others have popped up in their place. Namely, the retinoid uglies of sensitivity, dryness, redness, and flakiness have become the bane of my existence. Since my usual skincare products aren't nourishing enough for my newly-sensitive skin, I chatted with doctors to find the right at-home solution. Turns out that using a moisturizer for sensitive skin hydrates and protects. It manages symptoms like dryness and redness, making our skin more balanced and less prone to sensitivity, says dermatologist **Dr. Tiffany Libby, MD**.

## Best For Makeup Prep Yon-Ka Sensitive Crème

## <del>\$78</del> \$70 at Amazon

Whenever I'm going to a work event or know that I'm going to be photographed, I want to glow and have a smooth, even base. My go-to product for makeup prep is this sensitive skin-friendly Yon-Ka moisturizer. I appreciate that it doesn't pill when layered with face makeup or other skincare products, like toner and sunscreen. Whenever I slather on this product I can skip using a face primer because it creates a smooth, even base for concealer and foundation. It's also epic for counteracting flushed skin. Soothing centella asiatica helps reduce redness and inflammation, ensuring my skin is more even-toned with every use. This cream also contains bisabolol, a soothing ingredient that is rich in antioxidants to fight signs of aging, like lines and wrinkles. While arnica and calendula are botanical extracts with barrier-repairing benefits that make Yon-Ka ideal for post-treatment recovery or fragile, aging skin, says Dr. Ruth. With a normal retail price of \$78, this plant-based moisturizer is a splurge. However thanks to the limited-time Amazon beauty sale, you can save 20%, bringing the price down to just \$55. So hurry before the fleeting sale disappears on Sunday.

**Pros:** Made with plant-based ingredients, Helps calm redness **Cons:** Pricey

